

FRIDAY JULY 22, 2016

Muslim Wellness Foundation: 2nd Annual Black Muslim Psychology Conference | Chestnut Hill College

MORNING

8:00am – 8:30am	REGISTRATION Continental Breakfast		
8:30am – 9:00am	WELCOME & OPENING REMARKS Kameelah Mu’Min Rashad, MS, MRP MEd – President & Founder, Muslim Wellness Foundation Dr. Jean Wright , Senior Advisor, Department of Behavioral Health & Intellectual disAbility Services (DBHIDS) Ryan Boyer , Business Manager, Laborers’ District Council of Metro Philadelphia		
9:00am – 10:15am	KEYNOTE PANEL Deeply Rooted – Reflections on Black Muslim Activism, Resilience & Healing This keynote panel will provide an overview of the impact of anti-Black racism and anti-Muslim bigotry on the Black Muslim community and highlight the value of exploring the past, present and future of Black Islam's commitment to struggle, liberation and wellness. Moderator: Qasim Rashad - Amir, United Muslim Masjid; VP, Muslim Wellness Foundation Panelists: Donna A. Auston - Community Activist, Ph.D Candidate in Anthropology, Rutgers University Shaykh Muhammad Mendes - Founding Director, Sacred Service for Human Liberation Demetric Muhammad - Assistant Student Minister, Muhammad Mosque, No. 55 Memphis, TN		
10:15am – 10:30am	NETWORKING BREAK		
10:30am – 11:30am	SESSION #1: IDENTITY		
	Hakim Rashid, PhD From Slave Revolts to Black Identity: Islam, Muslims & Struggle for African American Liberation	Aamaal Abdul-Malik, BA The Myth of Sanctuary – Racism, Othering & Erasure of Black Identities in the American Muslim Community	#BlackinMSA Panel: Race, Identity & Activism on Campus Nina Daoud Muna A. Mohamed Eric Powell
11:30am – 11:45am	NETWORKING BREAK		
11:45am – 12:45pm	SESSION #2: GENDER		
	Dr. Halim Naeem, PhD On Manhood, Race & Faith: Addressing the Emotional & Psychological Needs of Black Muslim Men	Muneera Fontaine, MA Sankofa: Reclaiming Traditional Southern & Islamic Birth Practices To Heal Intergenerational Trauma	Dr. Debra Majeed, PhD Living Polygny of Self-Care: Embodying Divine Wholeness, Exerting Divine Agency
12:45pm – 1:00pm	NETWORKING BREAK		

AFTERNOON

1:00pm – 1:45pm	JUMUAH PRAYER LUNCH BREAK		
	Jumuah (Friday Worship Service) Khateeb: Shaykh Muhammad Mendes *Open to all		
1:45pm – 2:00pm	NETWORKING BREAK		
2:00pm – 3:00pm	SESSION #3: TRAUMA & COPING		
	Dr. Mona Masood, DO Cross-Cultural Psychiatry: Clinical Considerations When Treating Black Muslim Clients	Dr. Shareefah Al’Uqdah, PhD Intersectionality Theory & African American Muslims: Towards Cultural Competency	Dr. Sakinah Rasheed, PsyD, PhD Knowledge of Self & Liberation: African American Muslims Cope with Racial and Religious Discrimination
3:00pm – 3:15pm	NETWORKING BREAK		
3:15pm – 4:15pm	SESSION #4: WELLNESS & HEALING		
	Dr. Nicole Monteiro, PhD Half Your Deen: How Trauma & Anger Manifest in Muslim Marriages Paths to Healing	Demetric Muhammad After Every Difficulty Comes Ease: Pastoral Care in Islam	Zackary King, MSW Modeling Wellness: Exploring the Intersection of Health & Activism
4:15pm- 4:30pm	NETWORKING BREAK		
4:30pm – 5:30pm	CAN I GET A WITNESS?		
	Zora Neale Hurston, renown anthropologist and novelist famously remarked: "If you are silent about your pain, they'll kill you and say you enjoyed it." Speaking the truth of our reality is a critical step towards wellness. These amazing poets, writers and activists will offer testimony and facilitate a conversation on the value of art and spoken word to create space for healing.		
	Soledad Alfaro-Allah Nicole Najmah Abraham C. Islaah Abd’al-Rahim Emi Mahmoud Girrad Tennille Tariq Toure		
5:30pm- 6:00pm	CLOSING REFLECTIONS		