# AGENDA/SCHEDULE OF THE DAY

## MORNING

<table>
<thead>
<tr>
<th>Time</th>
<th>Event Description</th>
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| 8:00am - 8:30am | REGISTRATION  
Continental Breakfast                                                                 |
| 8:30am - 9:00am | WELCOME & OPENING REMARKS:  
Kameelah Mu’Min Rashad, M.Ed - Founder of Muslim Wellness Foundation  
Imam Johari Abdul-Malik, President, Muslim Society of Washington, Inc.  
Councilman Curtis Jones, Jr, Philadelphia City Council  
Rev Dr. Charles L. Howard, University Chaplain  
Michael Rashid, Masjidullah, Inc.                                                                 |

*Bodek Lounge*

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<thead>
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| 9:00am - 10:15am | KEYNOTE PANEL:  
Standing at the Crossroads: Anti-Black Racism, Islamophobia and State Sanctioned Violence  
Moderator:  
Qasim Rashad - Amir, United Muslim Masjid; Vice-President Muslim Wellness Foundation  
Panelists:  
Donna A. Auston - Community Activist, Ph.D Candidate in Anthropology, Rutgers University  
Tahirah Amatul-Wadud, JD - The Muslims of America, Inc. (Islamberg, NY)  
Minister Carlos Muhammad, Student Minister - Muhammad Mosque #6 - Baltimore, MD  
Girrard Tennille, MSW - Pan Afrikan Social Worker                                      |

*Bodek Lounge*

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<thead>
<tr>
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</thead>
<tbody>
<tr>
<td>10:15am - 10:30am</td>
<td>NETWORKING BREAK</td>
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**SESSION #1**

<table>
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<tr>
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| 10:30am - 11:30am | Dr. Nicole Monteiro, Ph.D  
African American Muslim Women: Toward a Holistic Understanding of Trauma, Resilience and Wellbeing |
|               | Dr. Halim Naeem, Ph.D  
Personality and Religiosity: The Influence of normative personality on Black Sunni Muslims' religious attitudes and practices |
|               | Dr. Ray Brock-Murray, Ph.D  
Strengthening the Self-Esteem, Image and Identity of Black Muslims |


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<thead>
<tr>
<th>Time</th>
<th>Session Content</th>
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<tr>
<td>11:30am - 11:45am</td>
<td><strong>NETWORKING BREAK</strong></td>
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| 11:45am - 12:45pm | **SESSION #2**  
  | Dr. Sameera Ahmed, Ph.D  
  **Intersection of Identity & Religiosity of 2nd generation and convert Black Muslim Youth**  
  **Bodek Lounge**  
  | Dr. Malik Raheem, Ed.D  
  **Influence of Intergenerational Trauma on the Psychosocial Health of Black Muslims**  
  **Golkin Room: HH 223** |
| 12:45pm - 1:00pm | **NETWORKING BREAK**                                                               |
| **AFTERNOON** |                                                                                   |
| 1:00pm - 1:45pm | **JUMUH PRAYER | LUNCH BREAK**  
  Jumuah (Friday Worship Service)  
  Khateeb: Imam Johari Abdul-Malik  
  *Open to all  
  **Hall of Flags** |
| 1:45pm - 2:00pm | **NETWORKING BREAK**                                                               |
| 2:00pm - 3:00pm | **SESSION #3**  
  | Nabila Wasi, MA  
  **The Psychology of Black Artistic Expression and Cultural Imperialism in the Muslim Community**  
  **Bodek Lounge**  
  | Yusuf Abdul Jami, Muslim Wellness Foundation  
  Imam Adib Abdullah MA, Millati Islami Philadelphia  
  Azza Altiraifi, Student & Mental Health Advocate  
  **Honoring the Voices of Those with Lived Experience**  
  **Golkin Room: HH 223** |
| 3:00pm - 3:15pm | **NETWORKING BREAK**                                                               |
| 3:15pm - 4:15pm | **SESSION #4**  
  | Dr. Safiyya Shabazz, MD  
  **How To Eat To Live**  
  Understanding the Link Between Food & Mood  
  **Bodek Lounge**  
  | Farida Saleem-Boyer, MS  
  The Importance of Building Healthy Marriages & Families  
  **Golkin Room: HH 223**  
  | Ihssan Tahir, RN  
  Half Your Deen? Understanding Unique Challenges of Being Single/Unmarried in the Black Muslim community  
  **Hall of Flags** |
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| 4:30pm – 5:30pm | CLOSING REMARKS  
Moderator: Qasim Rashad  
Connecting Words to Action: Community Recommendations & Next Steps  
Closing Dua/Prayer: Imam Johari Abdul Malik |

Bodek Lounge

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<td>5:30pm-5:45pm</td>
<td>Asr Prayer – Hall of Flags</td>
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Please share the following conference links in your network:

**FB event page:** [www.facebook.com/events/1092787350748677](https://www.facebook.com/events/1092787350748677)

**Conference website:** [www.blackmuslimpsychology.org](http://www.blackmuslimpsychology.org)

**Registration:** [https://blackmuslimpsychology.eventbrite.com](https://blackmuslimpsychology.eventbrite.com)

**Questions?** info@blackmuslimpsychology.org

**Twitter:** @MWFNational

**FB:** MuslimWellness