

# Muslim Wellness

## F O U N D A T I O N

7433 Limekiln Pike, Suite 204, Philadelphia, PA 19138

### Faith, Identity & Well-Being: Exploring the Psychology of Black Muslims

University of Pennsylvania – Houston Hall  
3417 Spruce Street  
Philadelphia, PA 19104

Friday June 19, 2015 | 8:00am – 5:30pm

#### AGENDA/SCHEDULE OF THE DAY

### MORNING

8:00am - 8:30am	<b>REGISTRATION</b> Continental Breakfast		
8:30am - 9:00am	<b>WELCOME &amp; OPENING REMARKS:</b> <b>Kameelah Mu’Min Rashad, M.Ed</b> - Founder of Muslim Wellness Foundation <b>Imam Johari Abdul-Malik</b> , President, Muslim Society of Washington, Inc. <b>Councilman Curtis Jones, Jr</b> , Philadelphia City Council <b>Rev Dr. Charles L. Howard</b> , University Chaplain <b>Michael Rashid</b> , Masjidullah, Inc.		
9:00am - 10:15am	<b>KEYNOTE PANEL:</b> <b>Standing at the Crossroads: Anti-Black Racism, Islamophobia and State Sanctioned Violence</b> Moderator: <b>Qasim Rashad</b> - Amir, United Muslim Masjid; Vice-President Muslim Wellness Foundation Panelists: <b>Donna A. Auston</b> - Community Activist, Ph.D Candidate in Anthropology, Rutgers University <b>Tahirah Amatul-Wadud, JD</b> - The Muslims of America, Inc. (Islamberg, NY) <b>Minister Carlos Muhammad</b> , Student Minister - Muhammad Mosque #6 - Baltimore, MD <b>Girrad Tennille, MSW</b> - Pan Afrikan Social Worker		
10:15am - 10:30am	<b>NETWORKING BREAK</b>		
10:30am - 11:30am	<b>SESSION #1</b>		
	<b>Dr. Nicole Monteiro, Ph.D</b> African American Muslim Women: Toward a Holistic Understanding of Trauma, Resilience and Wellbeing	<b>Dr. Halim Naeem, Ph.D</b> Personality and Religiosity: The Influence of normative personality on Black Sunni Muslims' religious attitudes and practices	<b>Dr. Ray Brock-Murray, Ph.D</b> Strengthening the Self-Esteem, Image and Identity of Black Muslims

*Bodek Lounge*

*Bodek Lounge*

	<i>Bodek Lounge</i>	<i>Golkin Room: HH 223</i>	<i>Hall of Flags</i>
<b>11:30am -11:45am</b>	<b>NETWORKING BREAK</b>		
<b>11:45am -12:45pm</b>	<b>SESSION #2</b>		
	<b>Dr. Sameera Ahmed, Ph.D</b>  Intersection of Identity & Religiosity of 2 <sup>nd</sup> generation and convert Black Muslim Youth  <i>Bodek Lounge</i>	<b>Dr. Malik Raheem, Ed.D</b>  Influence of Intergenerational Trauma on the Psychosocial Health of Black Muslims  <i>Golkin Room: HH 223</i>	
<b>12:45pm -1:00pm</b>	<b>NETWORKING BREAK</b>		
<b>AFTERNOON</b>			
<b>1:00pm - 1:45pm</b>	<b>JUMUAH PRAYER   LUNCH BREAK</b>		
	<b>Jumuah (Friday Worship Service)</b> Khateeb: Imam Johari Abdul-Malik *Open to all  <i>Hall of Flags</i>		
<b>1:45pm - 2:00pm</b>	<b>NETWORKING BREAK</b>		
<b>2:00pm - 3:00pm</b>	<b>SESSION #3</b>		
	<b>Nabila Wasi, MA</b>  The Psychology of Black Artistic Expression and Cultural Imperialism in the Muslim Community  <i>Bodek Lounge</i>	<b>Yusuf Abdul Jami, Muslim Wellness Foundation</b> <b>Imam Adib Abdullah MA, Millati Islami Philadelphia</b> <b>Azza Altiraifi, Student &amp; Mental Health Advocate</b>  Honoring the Voices of Those with Lived Experience  <i>Golkin Room: HH 223</i>	
<b>3:00pm - 3:15pm</b>	<b>NETWORKING BREAK</b>		
<b>3:15pm - 4:15pm</b>	<b>SESSION #4</b>		
	<b>Dr. Safiyya Shabazz, MD</b>  <i>How To Eat To Live</i> Understanding the Link Between Food & Mood  <i>Bodek Lounge</i>	<b>Farida Saleem-Boyer, MS</b>  The Importance of Building Healthy Marriages & Families  <i>Golkin Room: HH 223</i>	<b>Ihssan Tahir, RN</b>  Half Your Deen? Understanding Unique Challenges of Being Single/Unmarried in the Black Muslim community  <i>Hall of Flags</i>
<b>4:15pm- 4:30pm</b>	<b>NETWORKING BREAK</b>		

<p>4:30pm - 5:30pm</p>	<p><b>CLOSING REMARKS</b>  Moderator: Qasim Rashad  Connecting Words to Action: Community Recommendations &amp; Next Steps  Closing Dua/Prayer: <b>Imam Johari Abdul Malik</b></p> <p style="text-align: right;">Bodek Lounge</p>
<p>5:30pm- 5:45pm</p>	<p style="text-align: center;"><i>Asr Prayer – Hall of Flags</i></p>

Please share the following conference links in your network:

**FB event page:** [www.facebook.com/events/1092787350748677](http://www.facebook.com/events/1092787350748677)

**Conference website:** [www.blackmuslimpsychology.org](http://www.blackmuslimpsychology.org)

**Registration:** <https://blackmuslimpsychology.eventbrite.com>

**Questions?** [info@blackmuslimpsychology.org](mailto:info@blackmuslimpsychology.org)

**Twitter:** @MWFNational

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